



Chemical Peel Aftercare Instructions

Post Procedure Skin Treatment Tips While Skin is Peeling

- Do not put your face directly into a hot shower spray.
- Do not use a hot tub, sauna, or steam room.
- Do not go swimming.
- Do not participate in activities that would cause excessive perspiration.
- Do not use loofas or other means of mechanical exfoliation on the treated area.
- Do not pick or pull on any loosening or exfoliating skin. This could cause hyperpigmentation.
- Discontinue the use of tretinoin, Retin-A, Differin, Tazorac, or any retinoids for seven days after treatment.
- Do not have electrolysis, facial injections, facial waxing, or use depilatories for approximately seven days or until skin is finished peeling.
- **ABSOLUTELY DO NOT** go to a tanning bed for at least three weeks before or after a treatment.